Defeating Social Engineering, BECs, & Phishing

Rob Ragan @sweepthatleg Alex DeFreese @lunarca_



Hello!

We are Rob and Alex

Security consultants at Bishop Fox.

We help organizations secure their networks, applications, and people.



Trap the Phisherman



Lure attackers into traps that betray their presence

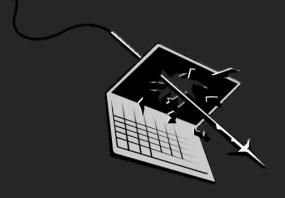


Trap the Phisherman

Lure attackers into traps that betray their presence

Trigger rapid incident response

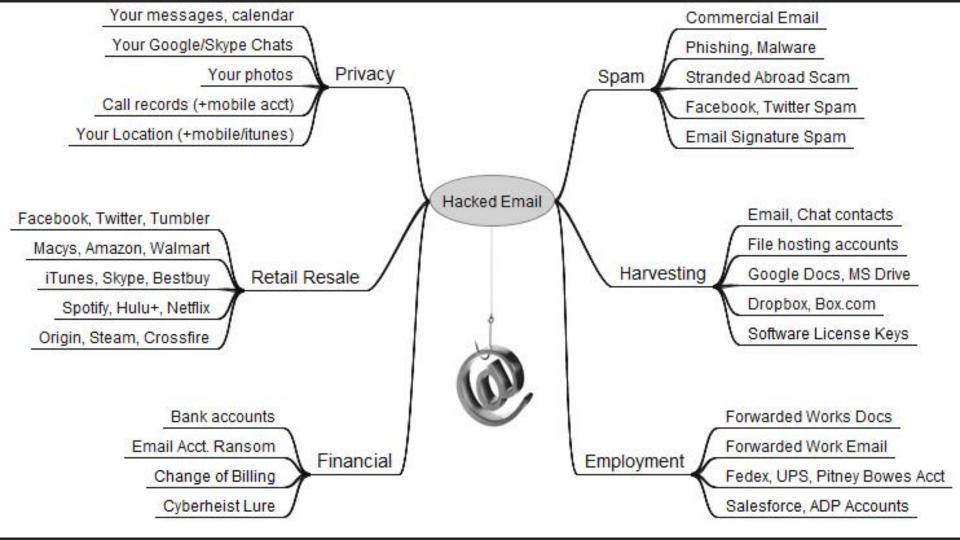




Email Phishing 101

91% of data breaches in 2016

Email phishing was the first step in



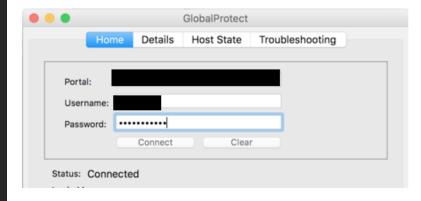


Hi James

try changing your GP portal to from the GP bar, then select 'Show Panel'.

This is going to connect to California for now.

I can then help you out once you are in the office.



Regards,



The Anatomy of an Attack

- Find Targets
- Create Payload
- Deliver Attack

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Computer & Network Security 51-200 employees

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Founded in 2005, Bishop Fox is a global information security consulting firm, serving as trusted advisors to the Fortune 1000, financial institutions, and high-tech startups. Our mission is to secure our clients and their business.

Each member of our team brings expertise and perspective to the table. We put our background in government intelligence, the Fortune 100, Big 4 consulting, and global security to work for our clients.

For more than a decade, we have authored best-selling security books, been cited in leading journals like Security Week and Dark Reading; been quoted in newspapers like USA Today; and been interviewed on local, national, and international television. As presenters at conferences such as Black Hat, DEF CON, BlueHat, and RSA; we continually put ourselves at the forefront of the security industry.

Bishop Fox employees







Rob Ragan Managing Security Associate

See how you're connected ▶

Careers

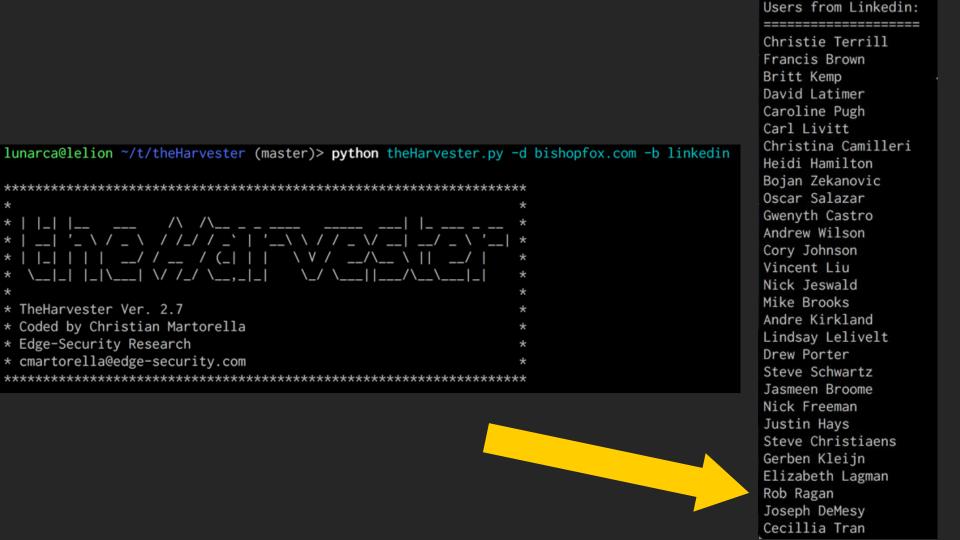


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1 job posted

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People Also Viewed





Email Address Formats

- example.user@company.com
- euser@company.com
- user.example@company.com
- example.m.user@company.com

Attack Payload

- Compromise Accounts and Credentials
- Compromise Computers
- Perform an Action









CO



Work or school, or personal Microsoft account

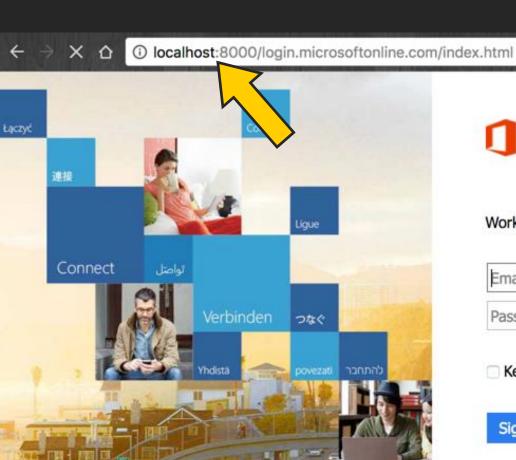
Email or phone

Password

Keep me signed in

Sign in

Can't access your account?





Work or school, or personal Microsoft account

Email or phone

Password

Keep me signed in

Sign in

Can't access your account?

Deliver Attack

SpoofCheck Self Test

Test another domain



ubm.com is vulnerable to email spoofing

ANALYSIS

- SPF
 - ubm. com has an SPF record.
 - The SPF record for ubm. com has a strong defensive configuration.





Dear Alex,

You requested a password reset for your account. This reset email is only valid for the next 24 hours.

RESET PASSWORD

If you did not request this email, your account may have been targeted by an attacker. Please click the link above and reset your password to ensure your account safety.

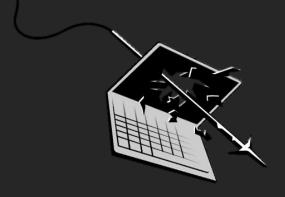
As a reminder, Interop ITX, a part of UBM uses single sign-on which means any updates to your profile will update across our network.

Thank you!

UBM Customer Care

Link to Attack Site

COMPLETE YOUR PASSWORD RESET PASSWORD RETYPE PASSWORD



Business Email Compromise

Facebook and Google got hit with a \$100M email scam



By Angela Moscaritolo · Published April 28, 2017











File photo: The Facebook logo is displayed on their website in an illustration photo taken in Bordeaux, France, February 1, 2017. (REUTERS/Regis Duvignau)

The US Department of Justice last month announced details of a \$100 million "fraudulent email compromise scheme" against two unnamed "multinational internet companies." Now, thanks to Fortune, we know the identity of those companies: Facebook and Google.

TRENDING IN TECH

- Gigantic 'alien megastructures' built by an advanced civilisation could be orbiting dozens of nearby stars, boffin says
- 2 Where does the military buy its cool gear?
- 3 Paige Jennings, Wall Street intern turned porn star, is now trying her hand at YouTube
- 4 'Alien tank' found on the Moon, UFO hunters say
- North Korea possibly behind global cyberattack, researchers say

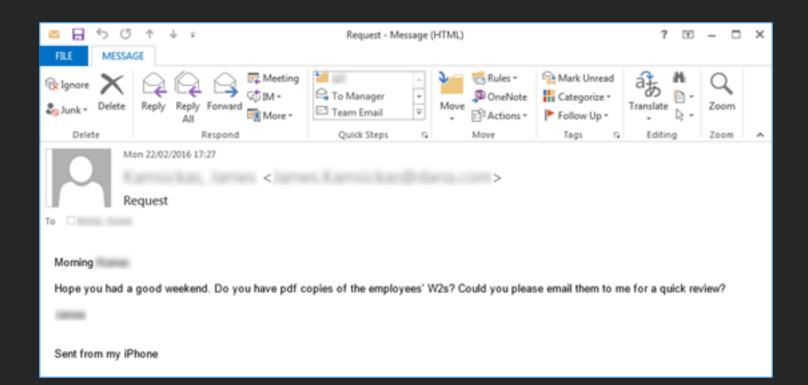
See all Trends

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Most Common BEC Scenarios

- Business Working with a Foreign Supplier
- Business Executive Receiving or Initiating a Request for a Wire Transfer
- Business Contacts Receiving Fraudulent Correspondence through Compromised E-mail
- Data Theft
- Business Executive and Attorney Impersonation



Most Common BEC Scenarios

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Kevin O'Brien

to me 🕶

11:30 AM (0 minutes ago)



We have been working on acquiring a company in the tech space -- we are (finally) wrapping up. I have asked Greg from Foley Hoag to get in contact with you; we need to tie up a few oustanding accounting details for the M&A filing.

In addition the standard corporate governance information, he will be sending transactional information to finalizing the acquisition itself. You have my full approval to process with any of his requests.

This is obviously bound by SEC regulations, and we are in the mandatory quiet period. Please keep the matter strictly confidential until we publicly announce it. Kevin

Kevin O'Brien CEO and Co-Founder GreatHorn, Inc.

Direct line: 800-604-2566, x700 Cell: 585-259-8723



Click here to Reply or Forward

Mitigation Strategies

- Clearly-defined process for financial transactions
- Out-of-band verification for transactions beyond a threshold
- Multi-factor authentication

Event of the Year

Someone has your password

Hi John

Someone just used your password to try to sign in to your Google Account john.podesta@gmail.com.

Details:

Saturday, 19 March, 8:34:30 UTC IP Address: 134.249.139.239

Location: Ukraine

Google stopped this sign-in attempt. You should change your password immediately.

CHANGE PASSWORD

http://bit.ly/1PibSU0

Best, The Gmail Team $http://myaccount.google.com-securitysettingpage.tk/security/signinoptions/password?\\ e=am9obi5wb2Rlc3RhQGdtYWlsLmNvbQ%3D%3D&fn=Sm9obiBQb2Rlc3Rh&n=Sm9obg%3D%3D&img=Ly9sa$

DQuZ29vZ2xldXNlcmNvbnRlbnQuY29tLy1RZVIPbHJkVGp2WS9BQUFBQUFBSS9BQUFBQUFBQUFBQUFBQUFCT...

http://myaccount.google.com-securitysettingpage.tk/security/signinoptions/password?

e=am9obi5wb2Rlc3RhQGdtYWlsLmNvbQ%3D%3D&fn=Sm9obiBQb2Rlc3Rh&n=Sm9obg%3D%3D&img=Ly9saDQuZ29vZ2xldXNlcmNvbnRlbnQuY29tLy1RZVIPbHJkVGp2WS9BQUFBQUFBQ

UFBSS9BQUFBQUFCTS9CQldVOVQ0bUZUWS9waG90by5qcGc%3D&id=1sutlodlwe

bitly.com/1PibSU0 COPY





bitly.com/1PibSU0



9 :

One account. All of Google.

Sign in with your Google Account



Sign in with a different account

One Google Account for everything Google













What Doesn't Work

Common Ineffectual Techniques

Excessive Awareness Training



Not useless

- Reduce attack surface
- Improve detection rates

But it's nowhere near enough on its own





Punishing User Mistakes

Social engineering attacks will always succeed without technical controls for defense

Because people are...

- Helpful
- Naïve
- Trusting
- Routine-oriented

Because people are...

Not security experts

And they shouldn't have to be

"[...] users are neither stupid nor lazy. They are musicians, parents, journalists, firefighters -- it isn't fair to also expect them to become security experts too. And they have other, important things to do besides read our lovingly crafted explanations of SSL. But they still deserve to use the web safely, and it's on us to figure out that riddle."

- Adrienne Porter Felt Google Chrome Security Team @__apf__ | adrienneporterfelt.com



Limit Delivery Options

Email Protections

SPF

v=spf1 include:spf.protection.outlook.com include:mailgun.org -all

DMARC

```
v=DMARC1\; p=reject\; pct=100\;
rua=mailto:re+mlszd9zhq4y@dmarc.postmarkapp.com\; aspf=r\;
```













Check your email address or domain for email protections

test@example.com

Check Domain

I'm not a robot

reCAPTCHA
Privacy-Terms

SpoofCheck Self Test

Test another domain



bishopfox.com is not vulnerable to email spoofing

ANALYSIS

- SPF
 - · bishopfox.com has an SPF record.
 - The SPF record for bishopfox.com has a strong defensive configuration.
 - Record: v=spf1 include:spf.protection.outlook.com include:mailgun.org -all
- DMARC
 - · bishopfox.com has a DMARC record.
 - . The DMARC record for bishopfox. com is configured with a policy of reject.
 - The DMARC record for bishopfox.com is configured to send aggregate reports.
 - Record: v=DMARC1; p=reject; pct=100;rua=mailto:re+mlszd9zhq4y@dmarc.postmarkapp.com; aspf=r;

RECOMMENDATIONS

To manage the risk of email spoofing from domains other than bishop fox.com, Bishop Fox recommends the following:

ubm.com is vulnerable to email spoofing

ANALYSIS

- SPF
 - · ubm. com has an SPF record.
 - The SPF record for ubm. com has a strong defensive configuration.
 - Record: v=spf1 mx include:spf-1.ubm.com include:spf-2.ubm.com include:spf-3.ubm.com include:spf-4.ubm.com include:spf-5.ubm.com include:spf-6.ubm.com include:spf-7.ubm.com include:spf-8.ubm.com ~all
- DMARC
 - ubm, com has no DMARC record.

RECOMMENDATIONS

To avoid the risk of email spoofing from ubm. com, Bishop Fox recommends the following:

- Begin implementing a DMARC record for ubm.com. DMARC records are DNS TXT records, located at the _dmarc.ubm.com subdomain, that instruct receiving mail servers
 how to handle emails that fail SPF and DKIM alignment. For DMARC to function, ubm.com needs to have both SPF and DKIM configured. Additional information about setting
 up DMARC records can be found from the Google Apps DMARC setup guide.
- A DMARC policy of none allows spoofed emails to be delivered. Begin implementing a DMARC policy of quarantine or reject. As implementing strict DMARC policies may interfere with the delivery of email from ubm. com email addresses, Bishop Fox recommends setting up and monitoring aggregate report notifications for legitimate emails before beginning to implement a stricter policy. If no legitimate emails are reported, set the DMARC policy to quarantine and set the pct field to a low percentage. This process is described in more detail in the Google Apps DMARC setup guide.

To manage the risk of email spoofing from domains other than ubm.com, Bishop Fox recommends the following:

Configure the ubm. com email server to quarantine emails that fail SPF alignment on the From field. Nearly 41% of the Alexa top million domains are configured with SPF records, but only 1.8% of those domains are configured with a strict DMARC record.

Mark External Emails



WARNING: The sender of this email could not be validated and may not match the person in the "From" field.

CAUTION: This email originated from outside of the organization. Do not click links or open attachments unless you recognize the sender and know the content is safe.

This is a test message.

Set up Canary Emails





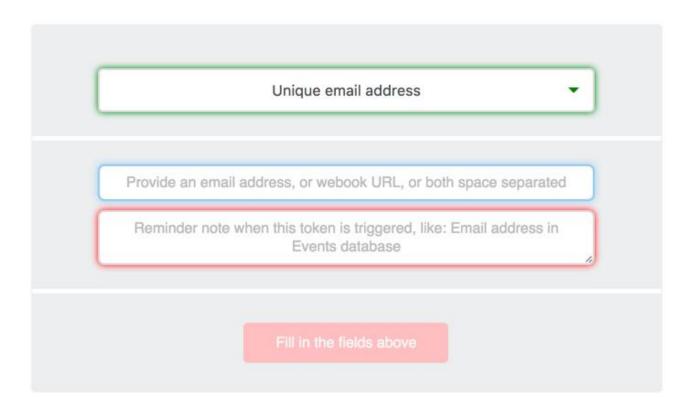






Canarytokens by Thinkst

What is this and why should I care?





Limit Payload Options

Block Unknown Executables

Veil



Veil is a tool designed to generate metasploit payloads that bypass common anti-virus solutions.

Veil is current under support by @ChrisTruncer

Block at First Sight

Windows Defender – Block at First Sight

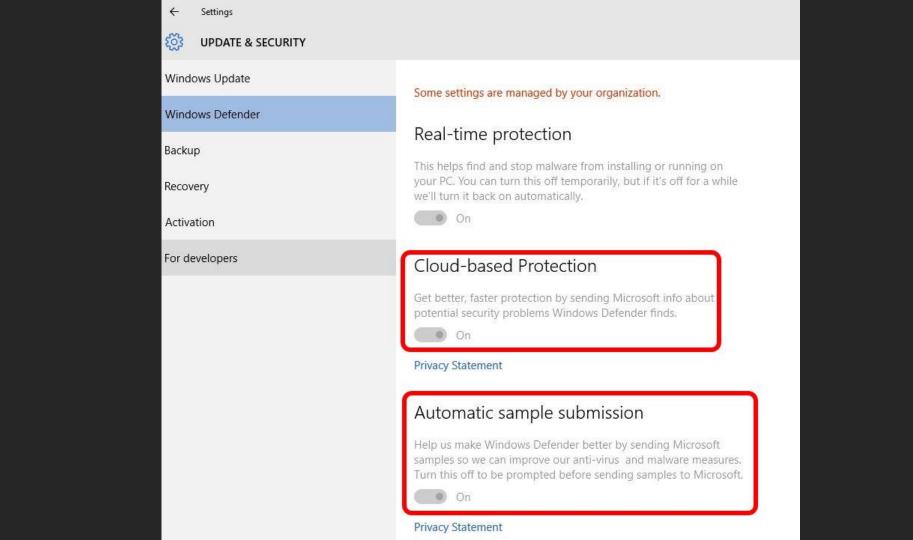




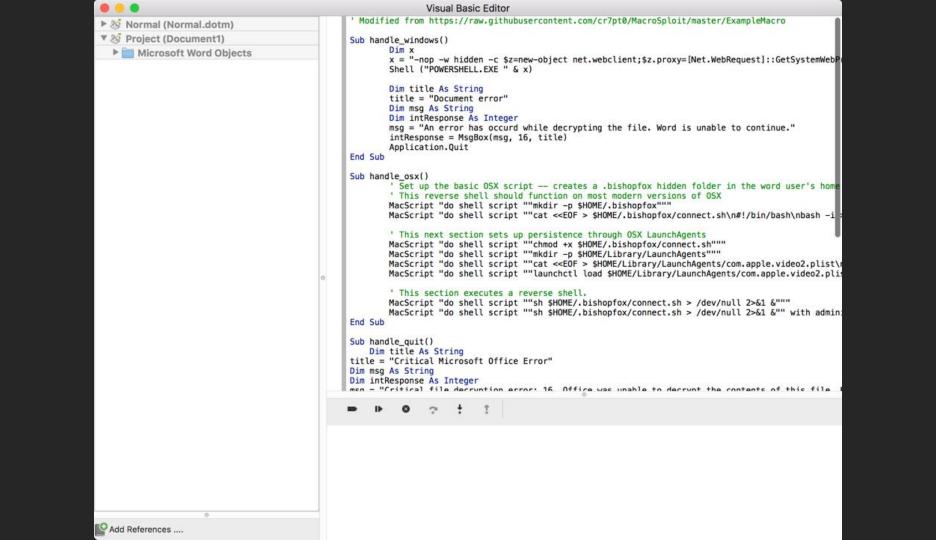


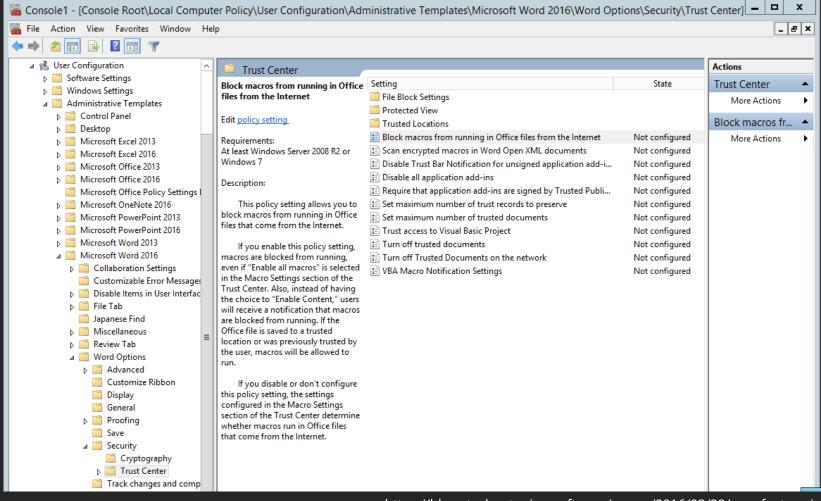




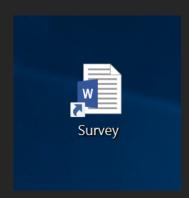


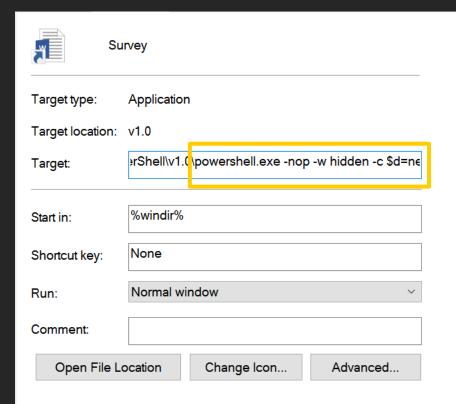
Block Office Macros

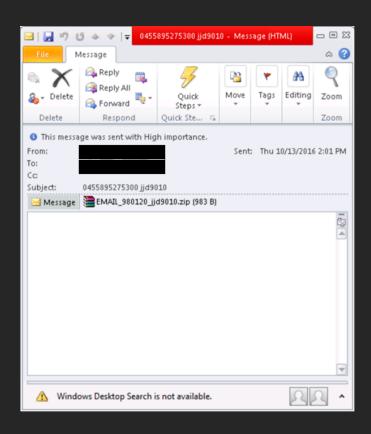


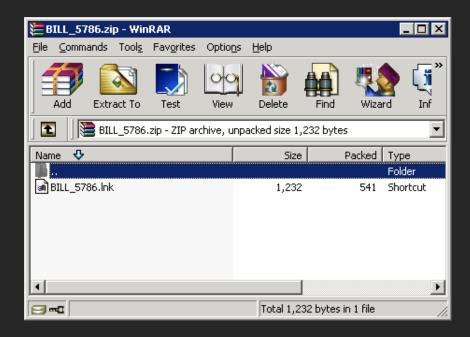


Limit Access to PowerShell









Multi-Factor Authentication

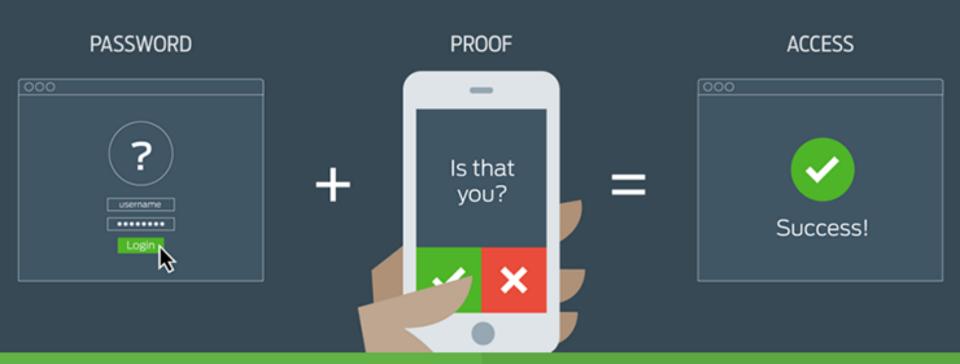
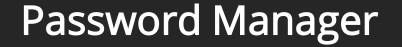


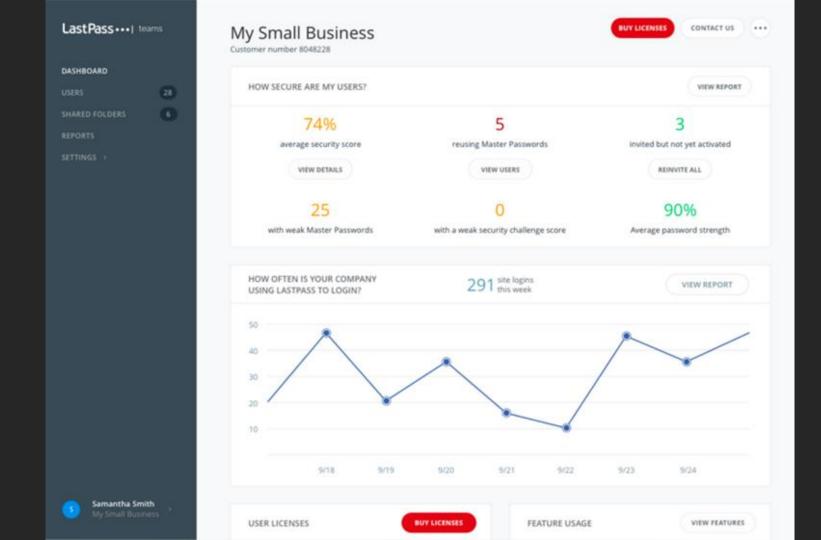
Image: Duo Security





LastPass · · · ·





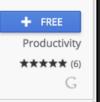
Refuser





Password Alert google.com

Password Alert helps protect against phishing attacks.



Reset your Google Account password

You just entered your Google Account password on a sign-in page that's not Google's.

Immediately reset your password to protect your account. And please make sure you don't reuse your password for other apps and sites. Learn more

Reset Password

Ignore this time

Always ignore for this site

Warning: you are typing a password into twitter.com that is similar to a password you used on on www.facebook.com.

Is this what you want to do?

No, take me back to safety.

No, let me type a new password. Yes, this is what I meant to do.

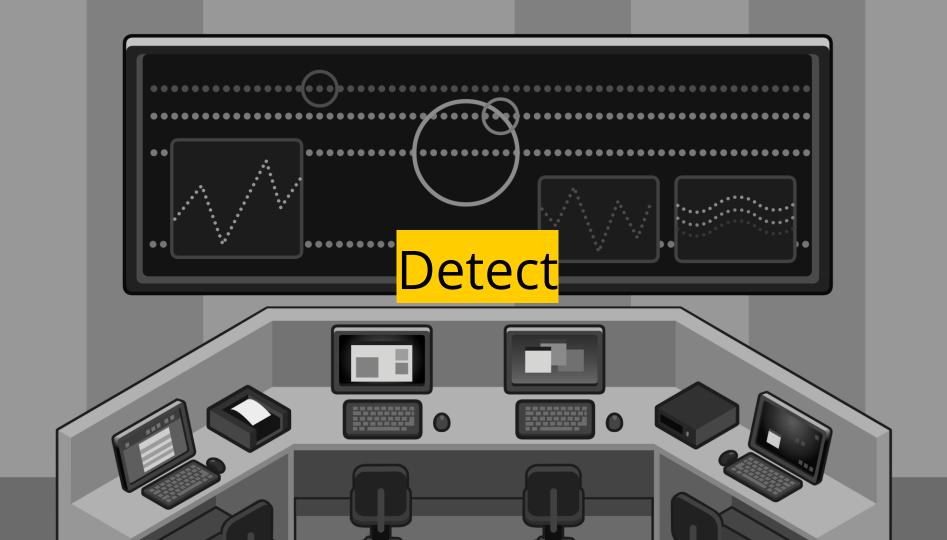
Don't have an account? Sign up »



Incident Response

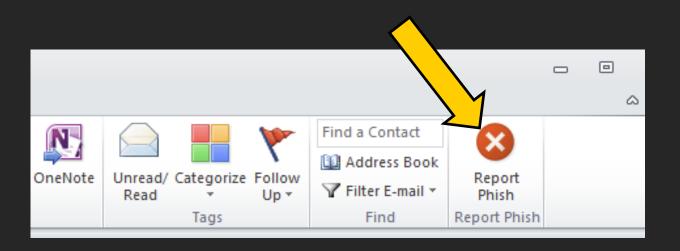
Tailored Incident Response Plan

- Identify the most common threats facing your company
- Define and enforce incident response plans for these threats



Use your Employees





mailto:phishing@bishopfox.com

Domain Protections

- DNS RPZ
- Automate redirection of known-bad domains
- Redirect DNS Homoglyphs
- Tripwire to alert on attacks in progress

```
lunarca@lelion ~/t/dnstwist (master)> python dnstwist.py facebook.com
dnstwist.py: notice: missing module: dnspython (DNS features limited)
 /_`|'_\/__|__\\\/\///__|
| (_| | | | \__ \ |_ \ V V / | \__ \ |_
 \__,_|_| |_|__/\__| \_/\_/ |_|___/\__| {1.04b}
Processing 287 domain variants ....26%..47%......69%......92% 197 hits (68%)
              facebook.com 157.240.11.35 2a03:2880:f10d:83:face:b00c::25de
Original*
Addition
              facebooka.com
                              184.154.126.180
Addition
              facebookb.com 199.59.243.120
Addition
              facebookc.com
                            199.59.243.120
Addition
              facebookd.com 199.59.243.120
Addition
              facebooke.com
                              146.112.61.108
Addition
              facebookf.com
                            199.59.243.120
Addition
              facebookg.com
                               103.224.182.214
Addition
              facebookh.com
Addition
              facebooki.com
                              173.193.106.11
              facebookj.com
Addition
Addition
              facebookk.com
                              127.0.0.1
Addition
              facebookl.com
                              185.53.178.9
Addition
              facebookm.com
                              199.59.243.120
```





Force Password Resets





Revert to Known-Good Backup

- Getting around persistence is hard and not worth it
- Difficult to tell if it's actually eradicated



Burn Payload Infrastructure

- Break Command and Control channels
- Blacklist server IP addresses and DNS names
- Buy time to respond
- Make attackers spend money



Burn Delivery Infrastructure

- Block emails from attacking MTA
- Prevent further attacks from that server
- Make attackers spend money

Raise the alarm













Be careful with this message. Similar messages were used to steal people's personal information. Unless you trust the sender, don't click links or reply with personal information.



Robert Shields has invited you to view the following document:

rshields to hhhhhhhhhhhhhhhhhhhhhh bcc: me \$

May 3

tobert Shields has invited you to view the following document





-Thanks!

Any questions?

You can find us at:

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- facebook.com/bishopfoxconsulting
- linkedin.com/company/bishop-fox
- google.com/+bishopfox

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