



# TELLING LIES & MAKING FRIENDS

PENETRATING PEOPLE'S EMOTIONAL BARRIERS



# Who Are We?

#### **Candis Orr**

- Bishop Fox
   Sr. Security Analyst
- Body Language Enthusiast
- Vulnerability Management Expert
- Dinosaur made of Candy

#### **Drew Porter**

- Red Mesa Founder
- Recognized Expert in Physical & Wireless & IoT
- Speaker & Instructor
- Breaker of Things
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# Agenda WHAT'S HAPPENIN'

- Sharing Time
- Common Terms
- Baselines & Profiles
- Telling Lies
- Building Trust & Rapport
- Cracking an Advance Adversary
- Audience Participation
- Quick Tips & Summary







### **SHARING TIME**

You scratch my back .... Hey?! Where is everybody going?!





# **Probing Questions**

IT JUST GETS MORE AWKWARD FROM HERE ON OUT







#### **Common Terms**

WALL OF TEXT... WE ARE SORRY

**Body language** – A kind of nonverbal communication expressed through physical behaviors

**Micro expression** – A very brief expression lasting only a fraction of a second

**Macro expression** – Expressions usually lasting ½ to 4 seconds

**Lying** – The intentional telling of false statements with intent to mislead

**Deceive** – The act of causing someone to believe something that is not true, typically in order to gain some personal advantage





# Lying vs. Deception

**GET YOUR PITCHFORKS READY** 

The end result is the same – the victim believes something that isn't true.

Lying is a form of deception.

Deception does not always involve lying.



### **BASELINES & PROFILES**

Learning about people





#### You need a baseline:

- Many people do different things
- This provides better context

#### **Quick reads:**

- Greeting a person
- How are they sitting
- Hands and Face

A good baseline comprises information from multiple sources.



#### People Watching

- Go to a store which you dislike
- Go to a store which you shop at
- Go to a store you think you know the type of person who would shop there

Please try not to be creepy.

Now go get info out of them.





# **Obtaining Baselines**

WATCHING PEOPLE WITH PEOPLE THEY MAY TRUST

#### People Watching – Coworkers

- Physical actions
- Voice inflection
- Subconscious actions
- Pacifying actions

#### Please try not to be creepy

• It's a little harder this time







### **TELLING LIES**

Cross your fingers, arms, legs, and toes



# Telling Lies SO MUCH DATA TO PROCESS



There is no one "tell" for everyone.

Data sources for potential lies:

- Perspiration
- Respiration
- Skin tone changes
- Words
- Gestures
- Posture
- Facial expressions





# Telling Lies

Look for conflicting information.

#### Look for any leakage

- Slips of the tongue
- Emotional leaks
- Deviations from the baseline

# Be wary of false positives or negatives

- Nervous people show a lot of generally believed "tells"
- Lack of emotions





# Telling Lies





### **ADVANCED TACTICS**

**Subconscious manipulation & active cracking** 





### **Accelerated Trust & Rapport Building**

**TURNING YOUR SE UP TO 11** 

#### Walking side-by-side

- Feels equal
- Similar pace make convo flow at similar rates

#### Mirroring

- Similar interests
- Your mind likes others it feels like the same thing

#### Relatable situations

- Shared struggle
- Us vs. Them





## **Cracking an Advanced Adversary**

**TURNING YOUR SE UP TO 11** 

#### Find underlying motives

- What are their ambitions?
- What are their dreams?

#### Bribe them

Everyone has some type of price

#### **Emotional** warfare

- Manipulation
- Injection





### **DEMO TIME**

Spoilers... You are part of it.



# **Quick tips**

FROM N00B TO 1337 IN 2.3 SECONDS



- Confidence
- Practice your skill
- Practice improv
- Practice impersonation
- Have fun



#### Summary THAT'S A WRAP

Even the best can be socially engineered

- These skills take time to develop
- Beware of false positives and negatives
- Remove your own bias
- Be tactical but natural



### Thank you

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